



Spa catalog



Sun Palace Hotel
Resort & Spa

★★★★



Dear Guest,



Welcome to the Sun Palace Resort Hotel and Spa.

Your Holiday can be richer by visiting our Spa. Take a minute to enjoy yourself and give your body exactly what it needs. Leave behind the pressures of everyday life and enter the world where time stands still and relaxation pervades. Balance your mind and soul, restoring a sense of serenity and vitality. Recharge your body's essential energies. Ease your muscles and mind.

The spa treatment offered at the Sun Palace Spa provides a unique pampering and relaxation experience, allowing you to unwind, escape and fully rejuvenate.



Take a minute and visit our modern Spa and Gym for more Details

Wellness

Wellness is an all-round feeling of well-being. This modern style of health and beauty care is now well established all over the world. It involves fun, physical and mental relaxation using a wide variety of therapies, massages and treatment methods.

Beauty

Although beauty comes from within, external factors are also important. Whether your tastes are traditional, natural or innovative, our experienced beautician can create and implement your very own, personalized beauty program.

Our Spa offer's programs to refresh your mind and reinvigorate your body.

Massage

Uses touch through rubbing or kneading of parts of the body to aid circulation, relax the muscles, or provide sensual stimulation. Massage is one of the oldest, simplest forms of therapy. The basic goal of massage therapy is to help the body heal itself and to increase health and well-being. A complete massage of the whole body relaxes all muscles, improves blood and lymph circulation, stimulates metabolic processes, and gives your energy level a boost. Also, your emotional state becomes better, and while tiredness and stress are removed, you will be able to face life with renewed vigor.



Price List

Relax full body massage

Full body massage to ease the muscle tension and relieve stress.

45minutes / € 40, 00

Relax back and neck massage

The main goal of back and neck massage is to relieve the muscle tension from these areas.

30 minutes / € 25, 00

Relax neck massage

Relieves the muscle tension from neck and shoulders.

20 minutes / € 20, 00

Face Treatment

€ 25, 00

Makeup

Eye plugin

€ 5, 00

Body Peeling

Dead skin cells are immediately removed, leaving your skin soft & refresh.

20 minutes / € 20,00

Manicure - Pedicure - Spa

Enjoy at our establishment manicure or pedicure and give your finger tips health and beauty!

All hygiene rules are applied and professional products are used).

Lots of **manicure** ideas in different nail colors, shapes, and lengths.

Manicure

€ 15,00

Spa Manicure

€ 20,00

Pedicure

€ 15,00

Spa Pedicure

€ 20,00

Indoor Swimming Pool - Hydro massage

€ 10,00

Play with the water & relax your body. Enjoy the sun by lying on the sun beds or in the water. Children up to 14 must be escorted by parents.



Combinations of Spa Treatments & care packages

- 1. Full body massage** (45 min.)
manicure, pedicure & spa pool (60 min) **€ 75, 00**
- 2. Full body massage** (45 min.),
body peeling, manicure, pedicure& spa pool (60 min) **€ 90, 00**
- 3. Back & neck massage** (20 min.) manicure, pedicure & Spa-pool (60 min). **€ 45, 00**
4. Face treatment, manicure, pedicure, **€ 45, 00**
- 5. Ultimate Massage** (120 min)
can be 1-3 visits, includes 45 minutes full body massage, 30 minutes back & 30 minutes neck plus 1 hour spa pool. **€ 100, 00**
- 6. Ultimate Spa package.**
Can be 1-4 visits .Includes 45 minutes full body massage,
Face treatment, Body peeling, manicure, pedicure & spa pool. **€ 120,00**

Operating Hours 10:00-18:00

For reservations from 07:00-23:00 at Reception or

Spa Desk from 10:00-18:00







Sun Palace Hotel Resort & Spa

★★★★

Psalidi, Kos Island • Dodecanese, Greece

Tel. (0030) 2242 0 24531-3,

Fax (0030) 2242 0 24532

e-mail: info@sunpalace.gr

www.sunpalace-kos.com